

Peer Support and Independent Living

We would like to give a brief update on the support groups. Our Peer Advisor Training is on its sixth week heading towards 8 graduating on November 20th, 2007, with the help of our assistant, Ernie Castano.

October 31st, 2007, see enclosed picture.



The Women's Group had a lively holiday celebration on

We are looking forward to presentations on Medicare from the Center for Healthcare Rights, and Long Beach Transportation from Dan Rosenfeld.

The Co-Ed Group will be participating in crafts and games this Thursday.

For more information please contact Cheryl Wilson at 562-427-1000 ext 23

Welcome New DRC Board Member

Disabled Resources Center Inc. is pleased to welcome Don Westerland to our Board of Directors. Don has over 50 years of experience serving our community in various non-profit organizations. He is probably best known for his

26 years of service as the Executive Director of Family Service of Long Beach. He would later serve as the President and CEO of the Community Hospital of Long Beach Foundation. Now retired, his experience in administration,

fund raising skills and extensive network of contacts and supporters brings added strength and experience to DRC's Board of Directors.

Welcome Donald L. "Don" Westerland

"A BIO from our newest Board Member"

Welcome New DRC Staff, Intern & Volunteer

My name is **Ricardo Arena** and I was born and raised in New York City. I lived most of my adult life in Pennsylvania. Some of my favorite activities are boxing, swimming, and writing short stories and poems. I moved to California on 1/26/2007. I sustained an injury that affected my Spinal Cord and was unable to work.

I am a veteran of the United States

Marine Corps. A friend informed me about a wonderful program for veterans like me. I called Cabrillo, a program in Long Beach which offers veterans a variety of services. I underwent Physical therapy and I slowly began to get better. I signed up to seek employment services with The Department of Rehabilitation. My job coach found a position with Disabled Resources Center. I interviewed with them and was hired within

2 weeks. Since then I have learned so much about people with disabilities.

Barbara Andrews; is our new volunteer at DRC.

Rehana Shah; was an Intern and enjoyed it so much that she is back with us volunteering.

Camille Moffatt; is our new Intern at DRC.

She finished the 8 weeks Peer Advisor Training and is working with the Systems Change Coordinator and Independent Living Coordinator.